



PAMLICO SEA BASE 2018 LEADER'S GUIDE

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Sea Kayaking Trek

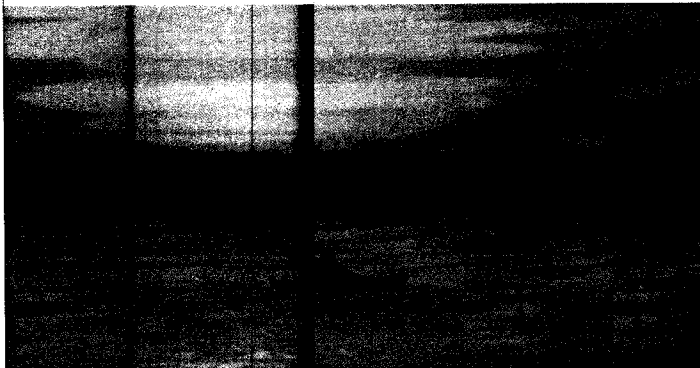
Spend an incredible summer participating in one of the most enjoyable high adventure sports available. Packing a sea kayak with all the food and gear you need for an entire week and traveling up the North Carolina coast line. These treks will be more rewarding than any other program you have ever experienced.

Kayaking Routes / Options

Sea Kayaking routes take place in the Cape Lookout National Seashore within the protected waters of the Core and Pamlico Sounds. All routes are chosen by the crew. Tents, stoves, meals, cooking equipment, dry bags and all padding equipment are provided.

Crews will have a variety of routes to choose from. Each crew will be able to customize their week to meet their goal for the trip. Routes can vary from very easy and casual to difficult and challenging.

During the course of your week you'll have the opportunity to see the wild horses on Shackleford Island, Cape Lookout and Ocracoke Lighthouse, and abundance of sea life, deep sea fishing, sound fishing, clamming, surf fishing, Cape Lookout Ranger Program, ocean kayaking, Cedar Island National Wildlife refuge, and much more!!!!



Trek Planner: More details including meals, routes, and equipment list are included in the Trek Planner. A copy is posted on the Kayaking page of the website and a copy will be sent to your point of contact for each individual registered. It is important that every crew member read the contents and fully understand all aspects of the trek.

Sea Kayaking Trek

QUICK FACTS

Sea Kayaking Trek Planner:

The sea kayaking trek planner is each group's guide to success on their trek. The guide will contain equipment list, routes and general information for each participant to review.

Routes:

Our main route is designed to accommodate everyone possible, while still earning the 50miler award and the National Park Service and BSA Resource Ranger Award. Variances to the main route are available for shorter or longer options.

Equipment:

The Sea Base provides all necessary equipment for this program with the exception of personal gear, i.e.: sleeping bag, clothing, mess kit, etc.

Experience:

No experience is necessary for the kayaking trip. We will spend Sunday afternoon introducing your group to kayaking skills and safety. When your trip starts on Monday morning our staff will continue with follow-up and continued individual coaching to make your experience more comfortable. **Anyone can kayak!**

Locations:

Treks take place along the Cape Lookout National Seashore.

Actual paddling is in the protected waters of Back, Core and Pamlico Sound.

Camping is on the ocean side of the islands except at the lighthouse.

The average water depth of the sounds is only 1-3 feet. Participants are rarely in deep water except when crossing a channel or near an inlet.

For the Parents

Sea kayaking is a very safe activity to participate in. We take all the required precautions outlined in the Guide to Safe Scouting along with the National Camping Standards for High Adventure Bases. We also add our good judgment and years of experience to keep the participants safe at all times. While we are somewhat isolated during the kayaking trek we do have protocols in place to call on emergency services that can respond in a rapid fashion.

The Pamlico Sea Base is the largest BSA operated sea kayaking program with a fleet of 50+ sea kayaks with gear.